

# **Hopkins Boys Basketball Program**

## **Philosophies**

**Our basketball philosophies will only work in games if they are taught and executed with excellence in mind in practice. Players tend to play how they practice - this is true at any level. We will strive every day to compete in practice so we can compete every time we step on the game floor. These are guidelines we will use to create a competitive basketball program at every level.**

### **Offensive Philosophy**

Play with purpose and within the system in an unselfish way.

- Handle pressure with toughness. Be strong with the basketball.
- Push the ball in transition - pass first, dribble second.
- Pass the ball inside/out to force the defense to rotate.
- Reverse the ball to force the defense to rotate.
- Keep proper spacing for effective drives, cuts, screens, and shots.
- Always take the lay-up when it is offered.
- Hit the open man. Do not be a "black hole."
- Take good shots that are within range, rhythm, and have rebounders.
- Be aware of the time on the clock.
- Look to your point guard for direction.
- Point guard look to your coach for direction.