

Hopkins Boys Basketball Program

Philosophies

Our basketball philosophies will only work in games if they are taught and executed with excellence in mind in practice. Players tend to play how they practice - this is true at any level. We will strive every day to compete in practice so we can compete every time we step on the game floor. These are guidelines we will use to create a competitive basketball program at every level.

Offensive Transition Philosophy

Be organized and aggressive to give yourself a chance to win.

- Look to pass first up the floor, then dribble.
- Wings get wide, and sprint your lanes.
- Center “rim-run,” sprint to the front of the rim, and post up at the block on the side of the floor the ball is on.
- Point guard go to the ball, call for it, and look to attack.
- First, look to the post.
- Second, attack the hoop.
- Third, drive and kick if no good shot is available.
- Finally, get the ball to the point guard to set up the offense.