

Hopkins Boys Basketball Program

Philosophies

Our basketball philosophies will only work in games if they are taught and executed with excellence in mind in practice. Players tend to play how they practice - this is true at any level. We will strive every day to compete in practice so we can compete every time we step on the game floor. These are guidelines we will use to create a competitive basketball program at every level.

Stats

Know the numbers in order to play to your strengths, but understand certain intangibles do not always show up in stats.

- Keep accurate stats.
- Recognize how stats can enhance your team.
- Individual stats are not the most important but should not be ignored.
- Keep turnovers low.
- Increase assists by being unselfish and taking good shots.
- Rebounding is based mainly on effort, not size or athleticism. Work hard, and be tough.
- Make more free-throws than our opponents shoot.
- Tips, loose balls, sacrifice, and grit, among other factors, are not shown in the stats. Remember this at all times.